


Your free lockdown guide to **EDUCATION**

Arlen
Education





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Homeschooling

With lockdown 3.0 now in full swing, millions of parents once again have the responsibility for ensuring that their children receive high-quality education, albeit with support from schools and the government's online Oak National Academy.

Now that so many of us are working from home, it can be a daunting prospect trying to juggle both working and schooling from home. Alas, do not despair – a few simple tricks can make homeschooling a breeze and ensure that your children continue to make that all-important scholastic progress.

We at Arlen Education have been providing quality tuition services for years, and we are very familiar with the online learning environment thanks to our plethora of online lessons which take place each and every month. It is this experience which has helped us craft our top tips and list of available online resources, but if you need any further assistance then you can always join one of our online group classes or search for a tutor using our website [here](#).

Top Tips



- Routine – Keeping to a rigid routine will not only help you to manage your working routine, but it will also help your children to know when they have to concentrate and when they have downtime to relax. Try to create a daily timetable, including regular breaks and lunchtime, so that your children know what to expect – this will also help when they transition back to a normal school day.
- Engagement – It can be easy to set your child up with their workstation and then get consumed in your day, but ensure that you are showing an interest in the work that your children are producing and checking regularly to ensure they are making progress. Keeping students accountable for their work will help them to stay on task and make progress, despite the different learning environment.
- Location – As the home has now become not only a place to relax, but also a school and work environment it is imperative to create distinct spaces for each of these activities to take place. If possible, have a set space for your children to undertake their schoolwork each day so that there is a clear boundary between relaxing and working for them – this could be a desk in their bedroom, a specific area of the house or sat next to you.
- Activity – Each week at school children move around classrooms, run around the playground and take part in PE lessons, all of which help them to get rid of excess energy. Whilst schooling in the home environment, try to ensure that your children stay active as this will help with their levels of concentration, as well as their overall mood and health – Joe Wicks has once more started his PE lessons on his YouTube channel which can be freely accessed and are perfect for completing at home.
- Screen Time – Although the majority of learning will involve a screen or monitor of some sort, there are also other learning activities which can be undertaken in order to break up the monotony of being sat in front of a screen. When crafting your daily study timetable for your children try to create some time away from screens by scheduling some reading activities, handwriting activities or simply some conversation time to discuss an interesting topic.
- Communication – It can be easy during the periods of lockdown to feel isolated from all others, but this simply isn't the case. Communicate with teachers and let them know how your children are fairing or indeed ask them for advice on problem areas – they are happy to help and it will be reassuring for them to know that you are taking your responsibilities as interim teacher seriously. Other parents can also be a useful resource, so start WhatsApp groups where you can share useful websites and resources with one another, and also communicate with others who are in the same boat as you.
- Attitude – Rather than approaching this time as a hinderance, see it as an opportunity for you to get to know your children even more and create even stronger bonds. It will also show you how focused they are and if there are any problem areas in their learning which you can address now or keep an eye on when they are back to school.

Online Resources



Resource	Website	Description
Arlen Education	www.arleneducation.com	In the resources section of our website, you will find hundreds of past papers free to download. You can also see our group online classes and extensive selection of tutors who can help you in your homeschooling.
Oak National Academy	https://www.thenational.academy/	Almost 10,000 free lessons and resources. Made by teachers, for every teacher and every pupil.
Bitpaper	https://www.bitpaper.io/	An interactive whiteboard that can be used to collaborate on documents and presentations, with video calling capability in the extended paid versions.
Kahoot	https://kahoot.com/	Create online quizzes based on multiple choice answers, rearranging words and puzzles. You can also use other quizzes created by other users.
Quizlet	https://quizlet.com/en-gb	A selection of 7 different online activities to aid learning; from flashcards to fully interactive games.
Wetransfer	https://wetransfer.com/	Wetransfer is a file sharing website which allows you to send large documents, such as PDFs and worksheets to your chosen recipients.
Trello	https://trello.com/	Trello is an online collaboration tool that allows you to organise your projects into different boards – perfect for tracking student progress and lessons.

BBC Bitesize	https://www.bbc.co.uk/bitesize	BBC Bitesize is a long-established resource for Primary levels to Post 16. Including videos and quizzes, this can be useful for homework assignments.
Google	https://classroom.google.com/ https://meet.google.com/ https://docs.google.com/	Google can be utilised in a myriad of ways for your online teaching; from Google Classroom to organise resources, Meet for video calls and Docs for collaborative working on documents.
Physics and Maths Tutor	https://www.physicsandmathstutor.com/	An invaluable bank of resources which covers more than just Physics and Maths, with subjects also including English, Geography and Psychology. Resources include worksheets, overviews and exam guides.
Corbettmaths	https://corbettmaths.com/	A comprehensive selection of Primary level maths resources, including worksheets, videos and revision cards. Each topic has a video, practice question section and an exercise to complete, giving you plenty of resources to teach with.
Teach It Science	https://www.teachitscience.co.uk/	Key Stage 3 and Key Stage 4 Science teaching materials which are free to download and extremely comprehensive. PDFs of resources are free to download and there are also CPD and exam board criteria sections.
Maths Genie	https://www.mathsgenie.co.uk/	A bank of free Maths resources, up to and including A Level resources for higher level teaching. A bank of past papers for GCSE and A Level examinations makes this an extremely useful site for Maths tutors.
TES	https://www.tes.com/teaching-resources	A huge library of resources which are mainly free to download – simply search for a topic, keyword or subject and hundreds of results will appear. Often used by teachers to help in their own lesson planning.

"Our experience with Arlen has been outstanding. My year 10 daughter has had tutoring in several subjects, and all staff have been professional, extremely supportive and exceptionally knowledgeable. In fact she has asked to continue with the support in year 11 when she returns to school."



How Can We Help?

If you would like to supplement your child's education why not sign up for a free trial of one of our Arlen Academy group online classes? The trial lesson is completely free of charge and our lessons are taught by qualified, DBS verified teachers who specialise in online learning. Our classes provide a tailored learning experience with a maximum of 5 students in each class and often far fewer.

See our full timetable of classes below and feel free to contact us on enquiries@arleneducation.com or 01335 388 355. You can also peruse all of [our lessons here](#).

Class	Day	Time
Year 13 Chemistry	Mondays	6:10 - 8:10
Year 13 Biology	Wednesdays	5pm - 7pm
Year 13 Maths	Thursdays	5:00 - 6.30pm
Year 12 Biology 1	Mondays	4:30 - 6pm
Year 12 English	Tuesdays	4:30 - 6pm
Year 12 Maths 1	Thursdays	6.30 - 8pm
Year 12 Chemistry 2	Thursdays	6:10 - 7:40pm
Year 11 English Language Higher	Mondays	4:30 - 6pm
Year 11 Biology	Tuesdays	5:30 - 7.00pm
Year 11 Chemistry	Wednesdays	6.00 – 7:30pm
Year 11 Maths HT 4-6	Thursdays	4:30 - 6pm
Year 11 Physics	Mondays	6.00 – 7:30pm
Year 10 English Language Higher	Tuesdays	6:10 - 7:40pm
Year 10 Maths	Thursdays	4:30 - 6pm
Year 10 Maths FT	Wednesdays	4:30 - 6pm
Year 10 Science	Fridays	4:30 – 6 :30pm
KS3 Maths Silver	Wednesdays	4:30 - 6pm
KS3 English	Fridays	4:30 - 6pm

Tutor Finder

Use Arlen Education's trusted tutor finder to browse our selection of private tutors and group tuition.

Subject

Location



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